

Course Level Goals K-6

Kindergarten

Students will be able to...

- realize that their world is usually safe and that most people would not hurt them.
- understand the definition of a “stranger” or “Tricky Person”.
- demonstrate the ability to: Say No! Get Away, and Tell Someone.
- explain the reason why they should reveal secrets that hurt or confuse them.
- identify safe behaviors.
- communicate with trusted adults when feeling unsafe.
- identify basic online safety.
- not share personal information online.
- be kind and respectful in digital interactions.
- recognize and avoid unsafe websites or content.
- understand media balance.
- discuss the importance of balancing screen time with other activities.

1st Grade

Students will be able to...

- realize that their world is usually safe and that most people would not hurt them.
- know how to seek help.
- identify several trusted adults.
- explain the reason why they should reveal secrets that hurt or confuse them.
- understand that it is their right to say “No” to any touch that is uncomfortable or confusing and to tell a trusted adult.
- demonstrate understanding of the meaning of good touch versus bad touch.
- be encouraged to discuss the meaning of good touch/bad touch with their parents and/or a trusted adult.
- understand how to cross the street safely.
- identify safe places and situations.
- understand when and how to call for emergency help.
- demonstrate assertiveness skills.
- differentiate between teasing and bullying behavior.
- discuss how technology makes them feel.
- learn basic online safety rules.

2nd Grade

Students will be able to...

- realize that their world is usually safe and that most people would not hurt them.
- describe two (2) threatening situations and what decisions they would make or avoidance techniques they would employ to remain safe.
- discuss available support systems in the family, school, and the community.
- explain the reason why they should reveal secrets that hurt or confuse them.
- demonstrate the ability to identify appropriate behaviors (good touch/bad touch).

- understand that it is their right to say “No” to any touch that is uncomfortable or confusing and to tell a trusted adult.
- identify safe and unsafe feelings, situations, and behaviors.
- differentiate between “tattling” and “reporting.”
- understand digital safety.
- access help from trusted adults.

3rd Grade

Students will be able to...

- identify potential hazards in different environments.
- recognize and seek out trusted adults.
- understand and express personal boundaries.
- evaluate online interactions and friend requests.
- realize that their world is usually safe and that most people would not hurt them.
- know how to seek help (i.e. 911)
- explain the reason why they should reveal secrets that hurt or confuse them.
- understand that it is their right to say “No” to any touch that is uncomfortable or confusing and to tell a trusted adult.
- explain good touch versus bad touch.
- be encouraged to discuss good touch/bad touch with their parents.

4th Grade

Students will be able to...

- realize that their world is usually safe and that most people would not hurt them.
- demonstrate the ability to identify appropriate behaviors (good touch/bad touch).
- be encouraged to discuss personal safety with their parents.
- understand that it is their right to say “No” to any touch that is uncomfortable or confusing and to tell a trusted adult.
- describe (2) threatening situations and what decisions they would make or avoidance techniques they would employ to remain safe.
- discuss available support systems in the family, school, and the community.
- explain the reason why they should reveal secrets that hurt or confuse them.
- assess risks and making safe choices.
- understand online safety (cyberbullying, privacy, and responsible internet use).
- recognize signs of bullying and know how to respond.
- practice assertiveness and boundary-setting.

5th Grade

Students will be able to...

- realize that their world is usually safe and that most people would not hurt them.
- demonstrate the ability to identify assaultive behaviors and to distinguish them from appropriate behaviors (good touch/bad touch).
- understand that it is their right to say “No” to any touch that is uncomfortable or confusing and to tell a trusted adult.
- describe (2) threatening situations and what decisions they would make or avoidance techniques they would employ to remain safe.

- discuss available support systems in the family, school, and the community.
- understand that incidents of abuse are never their fault.
- use advocate skills (e.g., speaking up for safety measures).
- use risk assessment and decision-making skills.
- use critical thinking skills to evaluate information.
- understand digital literacy for identity protection.

6th Grade

Students will be able to...

- realize that their world is usually safe and that most people would not hurt them.
- demonstrate independent decision-making skills like assessing risks and benefits, considering consequences, and making informed choices.
- differentiate between peer pressure and harassment and give examples.
- report unsafe situations and know whom to report it to.
- recognize cyberbullying and avoid risky online behavior.
- call for help in emergencies.